Socio-Economic Problems of Teenage Pregnancy of Victims in Secondary Schools of Oyo State

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Abstract: This study investigated the socio-economic problems of teenage pregnancy among victims in selected secondary schools of Oyo State. The study was conducted using ANOVA and descriptive statistics. The sample comprised of 191 victims of pregnancy, 36 school counselors, and 152 parents to the victims of teenage pregnancy. The samples (379) were randomly selected from the selected secondary schools in the three (3) Senatorial zones of Oyo State. Questionnaires and interview were used to illicit information from the respondents, the data collected were analyzed using frequency and simple percentages for Bio0Data of respondents, while ANOVA and descriptive statistics were used to test the null hypotheses at 0.05 level of significance. The result reveals that, (1) Teenagers parents, and counselors agreed that items 1-4 on the table are the effects of teenage pregnancy on victims and family members. Therefore it is recommended that teenagers should be exposed or given comprehensive sex education to avert teenage pregnancy in the society. Health educators should carry out comprehensive sex education lectures/seminars in schools to effectively reduce the prevailing rate of teenage pregnancies and sexual activities among teenagers in the society.

Keywords: Socio-economic, teenage pregnancy, victims, problems.

INTRODUCTION

A teenager is a person whose age is a number ending in “ten” in the English language. In common usage around, adolescent, teenager, youth, and young person may be considered synonyms. Teenage pregnancy occurs at a period in which the girls are not ready or mature psychologically, socially often financially and physically. Sylvester (2007) stated that teenage pregnancy are pregnancies that occur during puberty. In other words, it is an unintended conception in the unmarried adolescent of age nineteen (19) years and below.

The growing causes of teenage pregnancies according to Onaolapo (2000) is as a result of societal permissiveness in some parts of the world together with urbanization and life-styles associated with it. All these he opined are responsible for the increased teenage pregnancies. Chilmon, (2003) noted that the growing number of teenage pregnancy among school girls and
those out of school confirmed that many young people were indeed sexually active. Kathryn (2003) reported that pregnancy rate among young aged students in Nigeria was 65%.

Government and Non-Governmental Agencies have characterized teenage pregnancy as a major social problem in the country, and this has caused teenagers a lot of negative outcomes; such as brain infections during labor and children born out of wedlock often become delinquent. Cohen (2002) Teenage pregnancies constitute a lot of problems and physical complications both on the teenage girl and her baby.

Many young girls today in Oyo State are becoming too sexually active. The socio-economic hardships are on the increase and that young people are particularly vulnerable. The adolescent face sexually transmitted disease due to unplanned and unprotected sex. Most teenagers who become pregnant usually pass through horrible situations, thereby rendering them hopeless of any form of alleviation. The educational, socio, and economic effects of early/teenage pregnancy are particularly severe for young women. The society seem to be adapting a condescending attitude, pretending to be unaware of the realities on ground and the great effects the phenomena is having on the young mother, the child and the society. In most cases, this type of situation is preventable and remediable. In view of the above, the researcher intend to find out among other things the socio-economic problems of teenage pregnancy of victims and its effects on the young/mother, baby and the society.

**OBJECTIVES OF THE STUDY**
The major objective of the study was to investigate the socio-economic problems of teenage pregnancy among victims in selected secondary schools of Oyo State Nigeria. The specific objective are:-

1. Determine the causes of teenage pregnancy among victims in Oyo State.
2. Identify the effects of teenage pregnancy on victims child and family members in the society.

**RESEARCH QUESTIONS**
The following research questions were postulated.

1. What are the causes of teenage pregnancy among victims in Oyo State.
2. How does teenage pregnancy affect victims, child, and family members in the society?

**HYPOTHESES**
The null hypotheses formulated to be tested at 0.05 alpha levels of significance are:

1. There is no significant difference between victims of teenage pregnancy, parents, and counselors in their opinion regarding the causes of teenage pregnancy in Oyo State.
2. There is no significant difference between victims of teenage pregnancy, parents, and counselors in their opinions on how teenage pregnancy affects the family members, baby and the society.

**METHODOLOGY**
Survey research design was used for this study. This is in line with Afolabi (2003), who opined that, it is a useful means of obtaining baseline data on prevailing traits and perceptions among segment of the populations, and generalizing the findings obtained to the larger population.

**Population for the Study**
The population for the study comprised three groups
Sample Size and Sampling Procedure
The sample selected for the study was 379 respondents (Teenagers (victims=191), parents of teenage mothers=152 and school counselors=36). This was drawn by using purposive and stratified random sampling. This is in line with Krejcie and Morgan (1970) that, if the total population is in tens of thousands a sample of 5% or less of the population is adequate.

Instrument for Data Collection
A well structured questionnaire and interview were used for data collection. The questionnaire consist of three (3) sections A, B, and C. Section A questionnaire was on persona data where respondents were required to tick the best answer, while section B and C were designed in a four (4) point likert scale format rating of Strongly Agree (SA) Agree (A), Strongly Disagree (SD) and Disagree (D) with points allotted as 4, 3, 2, 1 for the expressed opinion of the respondents. The instrument was validated by experts. For the reliability of the instrument Cronbach’s Alpha was used to give reliability coefficient of 0.78, this showed the reliability of the instrument.

Data Collection and Analysis
A total number of 390 questionnaires was distributed to the respondents by the researcher and two trained research assistants. Three hundred and seventy nine (379) were successfully completed and returned. Data collected were analyzed using frequencies, percentages and means scores for personal Data section A and for section B, Standard Deviation and Analysis of Variance. (ANOVA) at 0.05 level of significance in which if the calculated value of F is greater than the critical value, the hypothesis will be rejected, and when F calculated is less than or equal to the critical value, the hypothesis is retained, showing no significance among the three groups.

Research Question 1: What are the causes of teenage pregnancy in Oyo State.
Table 1: Mean scores of respondents on the causes of Teenage pregnancy in Oyo State.

<table>
<thead>
<tr>
<th>S/N</th>
<th>Causes</th>
<th>Teenagers Mean score</th>
<th>Parents Mean Score</th>
<th>Counselors Mean score</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Lack of sufficient sex education</td>
<td>3.14</td>
<td>2.60</td>
<td>2.91</td>
</tr>
<tr>
<td>2.</td>
<td>Low income of parents</td>
<td>2.92</td>
<td>2.63</td>
<td>2.91</td>
</tr>
<tr>
<td>3.</td>
<td>Family type</td>
<td>1.54</td>
<td>2.32</td>
<td>2.63</td>
</tr>
<tr>
<td>4.</td>
<td>Poverty</td>
<td>2.72</td>
<td>2.38</td>
<td>2.61</td>
</tr>
</tbody>
</table>

Opinion accepted if mean score is equal to or less than 2.6 source:- Akuezuo (2004)

RESULTS
Based on the data presented in Table 1, the table revealed that all the items except item (3) with mean score (1.54) had their mean values ranged from 2.60-3.14, which are greater than 2.5. This shows that Teenagers, parents, and counselors agreed that all the items except item (3) are causes of teenage pregnancy.
Table 1b: ANOVA Statistics to test differences between victims, parents and counselors on their opinions on causes of teenage pregnancy

<table>
<thead>
<tr>
<th>Variables</th>
<th>Sum of square</th>
<th>Df</th>
<th>Mean square</th>
<th>F</th>
<th>Significance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Between groups</td>
<td>40.963</td>
<td>2,376</td>
<td>20.468</td>
<td>1.247</td>
<td>0.288</td>
</tr>
<tr>
<td>Within groups</td>
<td>6169.323</td>
<td>-----</td>
<td>16.408</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>379</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

F-critical value of 2.60 at 0.05
Df=Degree of freedom

RESULT
The data of ANOVA table 1b, showed that since the value of the calculated value of F which is 1.247 at df 2.376 which is less than the value of F critical of 2.60 at df, 2.376 at 0.05 level of significant there is no significant difference among victims of teenage pregnancy, parents, and counselors in their opinions on causes of teenage pregnancy.

DISCUSSION
Discussion on the findings are organised and presented to correspond with research questions. Finding from the data in the study Table 1a and b revealed that lack of sex-education on their fertile period and poverty were the major causes of teenage pregnancy. This finding is in agreement with Westoff (2011), who affirmed that the level of education was associated with inadequate knowledge on fertile period, sex education by both parents and school counselors. About 1.54 mean scores of teenagers agreed that their family type (Extended family causes teenage pregnancy).

Research Question 2:
What are the effects of teenage pregnancy on victims, family members, and the society.

Table 2a:

<table>
<thead>
<tr>
<th>S/N</th>
<th>Effects</th>
<th>Teenagers</th>
<th>Parents</th>
<th>Counselors</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>N</td>
<td>Mean</td>
<td>N.</td>
</tr>
<tr>
<td>1.</td>
<td>Teenage pregnancy initiates failure to</td>
<td>2.27</td>
<td>2.17</td>
<td>2.36</td>
</tr>
<tr>
<td></td>
<td>remain in school</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td>Teenage pregnancy affects attitude of</td>
<td>2.06</td>
<td>2.21</td>
<td>2.05</td>
</tr>
<tr>
<td></td>
<td>other female members negatively</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td>Babies born became nuisance in the society</td>
<td>2.57</td>
<td>2.49</td>
<td>2.50</td>
</tr>
<tr>
<td>4.</td>
<td>Mothers who became pregnant become dependent</td>
<td>2.50</td>
<td>2.43</td>
<td>2.11</td>
</tr>
<tr>
<td></td>
<td>become dependent creating economic hardship</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Opinion accepted if mean score is equal to or less than 2.6 Source Akuzielo (2004)

RESULT
Based on the data presented in Table 2a, the table revealed that all the effect items had their mean score values ranged from 2.27 to 2.57. This shows that teenagers, parents and counselors
agreed that all the items are the effects of teenage pregnancy on victims, their family members and the society.

**Table 2b.** ANOVA Statistics showing differences Among victims of teenage pregnancy, counselors and parents on how teenage pregnancy affects victims, family members and the society.

<table>
<thead>
<tr>
<th>Variables</th>
<th>Sum of squares</th>
<th>Df</th>
<th>Mean square</th>
<th>F</th>
<th>Significance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Between groups</td>
<td>12.884</td>
<td>2</td>
<td>6.442</td>
<td>0.815</td>
<td>0444</td>
</tr>
<tr>
<td>Within groups</td>
<td>2972.962</td>
<td>377</td>
<td>7.907</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>2985.847</td>
<td>379</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

F=critical value=3.00
Df (df)=Degree of freedom

In the table 2b above the F critical calculated is 0.82 at 0.05 level of significance and degree of freedom at 2.376, while F critical is 2.60, F critical is therefore greater than F calculated. As a decision rule, the null hypothesis is accepted, thus there is no significance difference in their opinions.

**Discussion**
Findings from the data in the study table 2a and b revealed that teenagers that are identified to be pregnant are expelled from school according to school regulation. This disrupt their life career and may end up in doing menial jobs. It also revealed that babies born by victims become delinquency and nuisance in the society which leads many to joining bad gangs. This a proof of what Akin (2011) said that, unwanted babies opt to undesirable remedies of survival such as prostitutes, hire killers, Arm robbers etc.

**CONCLUSION**
Based on the findings of the study, the following conclusions were drawn. In Oyo State sexual information/education both at school and homes are ineffective.

Most victims of teenage pregnancy looked up to parents, counselors in schools for sound sex education which is often delayed which results to increased sexual activities among youth. Unless definite efforts are made by both parents and care givers to inform and advocate abstinence approaches to reduce to the minimal, the menace of teenage pregnancy, most teenagers would be wasting away.

**Recommendations**
In view of the finding from this study, the following recommendations were made:
1. Teenagers should be given comprehensive sex education to avert teenage pregnancy in the society.
2. Authorities in schools especially girls’ schools should derive intervention approaches, increase probability of success for disadvantage teenagers such as alternative school for drop out.
3. Some percentage of about 40% of federal welfare funds should be invested directly in programs designed to reduce teenage child bearing.
REFERENCES


