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THE EFFECT OF PROCESS INNOVATION ON GROWTH OF MEDIUM ENTERPRISES IN NORTH CENTRAL NIGERIA

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Abstract

The study investigated the effect of process innovation on growth of medium enterprises in North Central Nigeria. The population of the study comprised of 243 medium enterprises in North Central Nigeria. The study adopted the census approach the entire population of 243 owner/managers of these medium enterprises in North-Central Nigeria served as the sample size of the study. Questionnaires were therefore, administered on this sample but only 223 were usable for analysis. The regression results revealed that process innovation had significant positive effect on the growth of medium enterprises in North-Central Nigeria. The study concluded that process innovation practice had significant positive effect on growth of medium enterprises in North Central Nigeria. The study recommended among others, that medium enterprises in Nigeria should focus on developing unique innovation process through extensive research and development via teamwork as this has the most potential to improving the medium enterprises growth in Nigeria.

Key words: Process Innovation, Growth, Medium Enterprises, North Central Nigeria

1.0 INTRODUCTION

1.1 Background to the Study

Process innovation has become a key tool for small and medium enterprises which strive to cope with today's highly competitive environment (Al-Battaineh, 2018). The importance of process innovativeness of MEs to their growth is widely acknowledged and established in literature (Masood *et al.*, 2013; Njogu, 2014; Ibidunni *et al.*, 2014; Zwingina *et al.*, 2017; Akimwale *et al.*, 2017; Okumu *et al.*, 2019). Innovate or die' is a popular slogan used today by many successful companies such as Gillette, Proctor and Gamble, and Microsoft, among others (Bamidele *et al.*, 2018; Choi, 2019; Nguyen *et al.*, 2019), but what does it really mean? One way of understanding this saying is by reflecting upon reports from industry and academia which argue that a lack of innovation will lead to products obsolescence and customer disintegration (Akimwale *et al.*, 2017; Suhaq *et al.*, 2017; Okumu *et al.*, 2019). On a macro level, process innovation has been proven to

be a vital injection for economic wealth (OECD, 2005). Simultaneously, innovation catalyzes the micro level, where it is considered a continuum for the establishment of new or updated products (i.e. incremental change). Thus, the level of MEs concern inter/intra-relationships crossing organizational boundaries to boost performance and enhance growth, strengthen competitive advantage, and enable market flexibility (Akimwale *et al.*, 2017; Suhaq et *al.*, 2017; Okumu *et al.*, 2019).

The need for research in innovation practice and growth of medium enterprises in Nigeria is particularly crucial because medium enterprises have been widely recognized as a cornerstone for economic growth and development. It was observed that at present, medium enterprises (MEs) in Nigeria are bedeviled with growth challenges. This can be clearly seen in their constant low growth as well as mortality rates. Besides, it is regrettable that relatively little research exist on the effect of innovation practices on growth of MEs in the study area; most of the studies conducted on this phenomenon of interest were not conducted in the study area, and some of these studies were not even undertaken in Nigeria (e.g. Salavou *et al.*, 2004; Masood *et al.*, 2013; Karabute, 2015; Subhan, 2016; Jin and Choi, 2019; Nguyen *et al.*, 2019; Kijkasiwat and Phuensane , 2020; Tjahjana*et al.*, 2020). It is in view of the foregoing research gaps that this study was conducted to examine the effect of innovation practice (product, process, technology, organizational and market innovations) on growth of Medium Enterprises (MEs) in North Central Nigeria. This study sought to provide some significant insights that suggest process innovation contributes to growth of medium enterprises (MEs) in North Central Nigeria.

1.2 Objectives of the Study

i. determine the effect of process innovation on growth of medium enterprises in North Central Nigeria.

1.3 Research Questions

The following research questions were formulated in line with the objectives of the study:

i. What is the effect of process innovation on growth of medium enterprises in North Central Nigeria?

1.4 Statement of Hypotheses

H₀₂: Process innovation has no significant effect on growth of medium enterprises in North Central Nigeria.

2.0 LITERATURE REVIEW

This section presents the theoretical framework, conceptual framework and review of related empirical studies as well as summary of literature reviewed.

2.1 Theoretical Framework

The theoretical underpinning of this study hinges on the Schumpeter's Theory of Innovation, which is supported by the Resource-Based View Theory, the Diffusion Theory of Innovation.

2.1.1 Schumpeterian theory of innovation

The theory of innovation was propounded by Schumpeter in 1934. Schumpeter was an economist who coined the term "creative destruction" to describe the outcome of the process of innovation by competing firms interacting in a given market place. Creative destruction refers to the portable opportunities seized by innovators, which ultimately benefit not just them but the whole society. The theory holds the assumption that an entrepreneur is one having three major characteristics: innovativeness, foresight and creativity. Creative destruction implies that the entrepreneurs destroy the prevailing equilibrium in the market thereby disrupting existing goals and changing the direction of the economy. They achieved this through creating new market, introducing a new way to make products, discovering new markets for a product, finding new sources of raw material and establishing new ways of making things or organization.

With the process of creative destruction, Schumpeter (1934) was one of the earliest scholars in highlighting the importance of innovation in entrepreneurial activity. He argued that the creative destruction was a process that disrupts current market structures by means of new goods or services, new markets, new production process, sources of supply and organization structures. Innovation mainly refers to an iterative process initiated by the perception of a new market and/or new service opportunity which leads to development, production, and marketing tasks striving for its commercial success. Accordingly, Schumpeter calls innovation the specific tool of entrepreneurs, the means by which entrepreneurs exploit change as an opportunity for a different business or a different service. Schumpeter (1934) stressed the role of entrepreneurs as primary agents effecting creative destruction and emphasized to the entrepreneurs the need to search purposefully for the sources of innovation, the changes and their symptoms that indicate opportunities for successful innovation as well as their need to know and to apply the principles of successful innovation.

The Schumpeterian articulation of innovation has been carried forward by successive scholars and researchers. On his part, Drucker (1985) held that entrepreneurs are always searching for change, responding to it, and exploiting it as an opportunity, and engaging in purposeful innovation. Furthermore, the link between innovation and business growth in SMEs is supported by the results of Covin and Wales (2012) who found that innovation is among the key factors that stimulate business growth in SMEs. Schumpeterian theory supposes that firms' progress comes from innovations they carry out motivated by the pursuit of profit. That is, each innovation is aimed at creating some new process or product/service and new market that give its creator a competitive advantage over its business rivals by rendering obsolete some previous innovation (Mwangi and Ngugi, 2014).

Therefore, in SMEs, innovation provides a holistic, vibrant and complementary base to SMEs growth resulting to SMEs' sustainability and superior performance (Afriyie and Musah, 2019). Thus, this theory is relevant to the present study because it provides a deeper understanding of innovation and its dimensions (product, process, technological, organizational and market innovations) in relation to MEs' growth.

Innovativeness is paramount to the survival and growth of small enterprises (Ibidumi *et al.*, 2014). A study by Rosenbusch *et al.* (2011) identified that innovativeness has strong positive effect on financial growth measures such as return on sales, returns on assets and profitability. Moreover, Rosli and Sidek (2013) recorded a strong positive relationship between innovativeness and non-

financial performance measures. Ngugi *et al.* (2013) examined the influence of innovativeness on the growth of small and medium-sized enterprises. They based their research on the RBV and operationalised innovativeness to include new goods and services, new processes and technological advancement, while enterprise growth was operationalised as sales growth, employment growth, profit, market share growth, customer satisfaction and owner's/manager's satisfaction. They found that both the individual and composite dimensions of innovativeness had significant positive relationships with growth of SMEs in Kenya. Similarly, Salavou and Avlonitis (2008) investigated the influence of product innovativeness on the performance of small and medium-sized manufacturing, food and beverages, and textile enterprises in Greece and concluded that product innovativeness influenced performance. In another related study, Alpay*et al.* (2012) examined the innovativeness-SME growth relationship. The results indicated that there was a strong linear relationship between innovativeness and performance of SMEs in Turkey.

2.1.2 Diffusion of innovation theory

The diffusion theory was developed by Evereth Rogers in 1962 and is now in its fifth edition (as cited in Akosile, 2017). This theory explains how, why and at what rate new ideas and technology spread. He argues that diffusion is the process by which an innovation is communicated over time among the participants in a social system. The origins of the diffusion of innovation theory are varied and span multiple disciplines. Rogers proposes that four main elements influence the spread of a new idea: the innovation itself, communication channels, time and a social system. This process relies heavily on human capital. The innovation must be widely adopted in order to self sustain. Within the rate of adoption, there is a point at which an innovation reaches critical mass.

From the perspective of innovation and technology orientation, Rogers (1995) proposed the Diffusion of Innovations (DOI) theory in order to explain the concept by which innovation could be transferred between different people over certain periods of time by different means. The process of introducing a new innovation has been investigated for more than 30 years (Rogers, 2003; Rogers, 1983). Rogers' theory as noted by (Al Mamun, 2018) describes, among the most popular models of adoption in his book "Diffusion of Innovations" and has used the model as a framework for many studies from a wide range of subjects.

The diffusion of innovation theory has been used in several fields, such as strategic management, political science, management, public health, communications, accounting, history, economics, technology, innovation and entrepreneurship, etc. (Johnson, 2015; Stuart, 2000). In addition, Rogers' theory has been widely used in the theoretical framework in the field of technology adoption and innovation diffusion. Rogers' growth in innovation theory is perhaps best suited to exploring the technology orientation in small and medium enterprises and insightful ecosystems (Li and Asim, 2019; Parisot, 1995; Medlin, 2001).

Diffusion of innovation research usually involves technological innovation and Rogers (2003) typically used the word "technology" or "innovation" as synonyms. Rogers refers to the diffusion as "a process in which innovation is thoroughly communicated between members of the social system through certain channels over time". Innovation, communication channels, time and social structure are the four basic elements of diffusion of innovation (Chege and Wang, 2020). Previous research has revealed that organisational culture encourages innovation (Do *et al.*, 2018; Pedersen et al., 2018). Indeed, a culture that promotes and embraces innovation can be linked and defined

by conduct that demonstrates an affection and incentive for advancement, risk-taking, free expression, focus on teamwork, communication, respect and trust, together with the promotion of group meetings and staff relations, empowering staff to improve their effectiveness, and working regularly on current model (Lijauco *et al.*, 2020; Tang *et al.*, 2020; Rogers, 2003, 1995).

The primary drivers of sustainability, competitive advantage and efficiency for small and medium-sized enterprises are the introduction of new technology and non-technology innovation (Price et al; 2013). According to Fagerberg et al. (2004) MEs with higher innovations have significantly better ratios of income and employment than MEs that are less innovative and creative. As a result, innovation research, particularly in the field of small and medium-sized enterprises, is vital due to the newness array of processes and activities undertaken by enterprises and their innovation responsibilities, which lead to sustainability, success in the enterprise and inclusive growth (International Labour Office, 2015; Anderson and Eshima, 2011; Jia et al., 2020). Rogers (2003) defined innovation as an idea, practise or project considered to be specific to an entity or to a number of other adoption components. The diffusion of innovation involves establishing the capabilities of innovation cultures that promote the effectiveness of innovation and competitive advantages that support sustainable growth of small and medium enterprises in a new market dynamics.

2.2 Conceptual Framework

The concepts relevant to this study are carefully clarified as presented below.

2.2.1 Concept of Innovation

The term innovation comes from the Latin – innovare – meaning to make something new; that is turning opportunity into new ideas and putting these new ideas into widely use practice. Firstly, it is important to understand what innovation entails from a conceptual perspective. Innovation relates to the doing of new or novel things or the doing of old things through new strategies so as to enhance sales, cost, and profit or market performance (Abdilahi et al., 2017). Innovation has also been suggested to be the use of institutional, technological or human resources in ways that achieve new products, markets and practices (Abdilahi et al., 2017). Innovations can manifest as a new service or product, a new technological process in production, a new organizational administration structure or system, a new program or plan. Product and process innovation types are the major focus of academic literature on innovation, although organizational innovation is also a newer type of innovation dimension being focused on by researchers (Braunerhjelm et al., 2016). The innovative capability of the firm has been tied to the process of research and development (R&D) within the SME. R&D leads to the generation of newer knowledge which informs new innovations (Zimmerman, 2017). As such, SMEs which regularly do R&D activities are more likely to have newer knowledge and thus will be able to come up with new services or products or newer processes of production.

In the third edition of the Oslo Manual, innovation is defined as the implementation of a new or significantly improved product (goods or services), a process, a new marketing techniques or a new organizational method in business practices, workplace organizations or external relation (OECD and Eurostat, 2005). Here, innovation was classified into four different types which are product innovation, process innovation, marketing innovation and organizational innovation.

Here, the product and process innovation were grouped into technological innovation while marketing and organizational innovation were grouped as non technological innovation.

Innovation is described as "the introduction of new or improved processes, products or services based on new scientific or technology knowledge and/or organizational know-how" (OECD, 2015). An invention is the first occurrence of an idea for a new product or process whereas innovation is the act of putting it into practice. There are different types of innovation in business (Trott, 2008); however it can be related to new products or services, new production processes, new marketing techniques, and new organisational or managerial structures (Rebound, 2008). Innovation may also involve technology, intellectual property, business, or physical activity (Sundbo, 2003).

Innovativeness is paramount to the survival and growth of small and medium scale enterprises. A study by Rosenbusch et al. (2011) identified that innovativeness has strong positive effect on financial growth measures such as return on sales, returns on assets and profitability. Moreover, Rosli and Sidek (2013) recorded a strong positive relationship between innovativeness and nonfinancial performance measures. Ngugi et al. (2013) examined the influence of innovativeness on the growth of small and medium-sized enterprises. They based their research on the RBV and operationalised innovativeness to include new goods and services, new processes and technological advancement, while enterprise growth was operationalised as sales growth, employment growth, profit, market share growth, customer satisfaction and owner's/manager's satisfaction. They found that both the individual and composite dimensions of innovativeness had significant positive relationships with growth of SMEs in Kenya. Similarly, Salavou and Avlonitis (2008) investigated the influence of product innovativeness on the performance of small and medium-sized manufacturing, food and beverages, and textile enterprises in Greece and concluded that product innovativeness influenced performance. In another related study, Alpay et al. (2012) examined the innovativeness-SME growth relationship. The results indicated that there was a strong linear relationship between innovativeness and performance of SMEs in Turkey.

Various types of innovative developments are associated with different aspects of growth and performance. Previous studies mention a positive relationship between the innovation and performance (Centobelli *et al.*, 2019; Chegeand Wang, 2020). The impacts of innovation on the performance of a firm can be demonstrated by both financial and non-financial indicators (Mashal, 2018). The positive impacts of innovation include the ability to compete with others (Anwar, 2018; Conto *et al.*, 2016), financial accessibility (Abdu and Jibir, 2018), connection and communication (Radzi et al., 2017), marketing (Adam *et al.*, 2017), and export performance.(Azar and Ciabuschi,2017; Love *et al.*, 2016; Prange and Pinho, 2017). However, some critics have a different perspective. For example, Karabulut (2015) found that innovation has negative impacts on firm growth. It has also been suggested that a failure to consider the potential negative effects of innovation could eventually impact on the environment and lead to uncontrollable business growth ((Laforet, 2011). In spite of reservations like these about potential negative impacts, there is strong support in the literature for the positive effects of innovation on firm growth (Kijkasiwat and Phuensane, 2020).

2.2.2 Concept of innovation practice

Innovation practice is usually understood as the act of introducing something new and useful, like introduction of new methods, techniques, or practices or new or altered products and services (Masood *et al;* 2013; Njogu, 2014; Olugbor, 2015; Zwingina *et al;* 2017). It is a practice with the new mindset or new way with value in it. In MEs' context, it is referred to creative and innovative activities that are carried out within the enterprise to achieve growth and remain relevant in the global competitive environment (Centobelli*et al.*, 2019; Kijkasiwat and Phuensane, 2020; Chege and Wang, 2020). In this study, innovation practice is conceptualized to mean creative and innovative activities such as product innovation, process innovation, technology innovation, organizational innovation and marketing innovation that are executed by MEs in order to achieve a reasonable level of growth that is sustainable.

2.2.3 Concept of Process innovation

This can be defined as changes in the ways of producing or developing products, including new logistics, new raw material, new production lines, new production processes/methods, and new technology. This type of innovation does not stand on its own. In many cases, process innovation may be the consequence of product innovation or/and organizational innovation. New processes basically rest on the use of new technologies to increase the efficiency and quality of production. This view on innovation was reflected by the first and second edition of the "Oslo Manual" the OECD's handbook for innovation surveys (OECD, 1997; OECD and Eurostat, 1997). Process innovation entails the implementation of new or improved production process or adoption of new tools, technology, or knowledge in producing a product (Langley *et al.*, 2005; Oke *et al.*, 2007).

Process innovation is very essential in the manufacturing process of a firm as it gives a firm an advantage over its competitors. Interestingly, studies have revealed that process innovation is positively related to performance of firms (Vivero, 2002; Mohd and Syamsuriana, 2013; Nham *et al.*, 2016). Also, Dada (2016) in his study noted that there is a relationship between new technology (used as a proxy for process innovation) and performance of a firm. Recent evidence by Gunday *et al.* (2011) reaffirmed that process innovation is significantly correlated to innovative performance.

Process innovation is explained as new or enhanced tools, equipments, materials, and other technologies that directly affect the firms that are practicing innovations; those firms' produces the goods that are further sold in the market. There is big difference between process innovations and product innovations, which is; new or improved product technologies that the organization sells for the satisfaction of customers or its clients (Bogers, 2009). Process innovation means the implementation of a fresh or partially enhanced manufacturing/production or deliverance system. It enables the production of a given amount of output that is goods and services with less input. The later can be interpreted in terms of the eco-efficiency (Raymond, Aaron and Bertha, 2006).

A type of innovation which has received minor attention in the literature but it has become pretty important in current years. A process innovation is the adoption of new or considerably better production methods, having methods of final product delivery (Rogers, 1998). Process innovation ranges from incremental changes to more radical change. Process innovation brings important amendments in equipment, techniques or software. Process innovations strive to reduce unit cost of manufacturing or delivery, to increase value and worth, or to manufacture or deliver new or

more improved products (Brown and Frame, 2004). Process innovation can play a very important strategic role. It enables to manufacture something that others cannot, or to formulate in a way better than other competitor firms. By process innovation companies can create a very helpful competitive advantage (Hall and Andriani, 2002).

Process-oriented innovativeness is a set of activities involving novel production methods or techniques in production operations that lead to the introduction of new or modified products. It involves creativity and ideas management. Lendel *et al.* (2015) define it as a process of recognizing customer needs and innovation opportunities, generating innovative ideas and their elaboration, working with information and knowledge regarding innovation, realization of innovation activities and ensuring successful extension of innovation among customers. It involves the process of carrying out sequential activities or task of transforming creative ideas to products/services (Mashal, 2018).

The process-oriented innovativeness takes the form of material replacement, application of new technology, R&D and new combination of materials in production, redesign core operating processes, and change in technical process of manufacturing, imitating the methods of production/processes used by other firms, etc. to achieve cost reduction or quality improvement (Obunike and Udu, 2018). Process-oriented innovativeness involves reengineering and improving internal operations of firms (Akosile, 2017).

Process-oriented innovativeness is concerned with the creation of or improvement in techniques and the development in process or system. Its dimensions involve innovativeness in technology, skill, techniques, systems and procedures, which are used in the process of transforming inputs into outputs. It reduces the cost of jaborandi capital, determines productivity growth. Process failure may be due to lack of innovative expertise, failure to secure the flow of information in a firm, insufficient training and motivation of employees, etc. (Lendel *et al.*, 2015). Process-oriented innovativeness can only be protected by intellectual property rights (Mashal, 2018). Researchers conclude that SMEs are more likely to use process-oriented innovativeness than product-oriented innovativeness due to financial constraint Rahman *et al.*, 2016).

3.0 METHODOLOGY

This section discusses the research design, the study area, population of the study, sample and sampling techniques, instruments of data collection, validation of the instrument, reliability of the instrument, method of data collection, variables specification, model specification, and data analysis techniques.

3.1 Research Design

This study utilized the survey research design. Quantitative data were gathered in order to establish the effect of the independent variable (innovation practice) on the dependent variable (growth of MEs). The reason for the choice of survey research design is grounded on the fact that it helps researchers to collect data from respondents regarding their views and knowledge concerning the study variables in order to achieve the study objectives. The justification for the choice of survey research design is because it would help to elicit opinions of respondents on the effect of innovation practices on growth of MEs in North Central Nigeria.

3.2 The Study Area

The study focuses on the effect of innovation practices on growth of MEs in North Central Nigeria. The geographical location covered by the study is the North Central Region of Nigeria. The study was limited to only the MEs that are located and operational in the six states in North Central – Nigeria (Benue State, Kogi State, Kwara State, Nasarawa State, Niger State, and Plateau State) including the Federal Capital Territory. There are 243 MEs in North Central Nigeria (NBS/SMEDAN, 2017). 28 of these MEs are in Benue State, 16 of them are in Kogi State, 18 of them are in Kwara State, another 18 of these MEs are in Nasarawa State, 47 of them are in Niger State, and 41 of the MEs are in Plateau State, while 75 of these MEs are in Federal Capital Territory (FCT). Appendix 4 captured this information.

The study area is the central part of Nigeria and is regarded as part of northern Nigeria. The region has arable land for agriculture; hence it is an agrarian region, and rich in farming with common crops such as: yam, rice, soya beans, guinea corn, maize, millet, amongst others; which serves as rich sources of raw materials for manufacturing firms. The region also houses the two major rivers in Nigeria, namely river Niger and river Benue, thus supporting even dry season farming and fish/aquaculture businesses. The region is rich in solid minerals such as having high deposits of limestone for cement production, thus making the region a viable zone for primary raw materials for industries to thrive.

The economy of North Central Nigeria comprised the private and public sectors. With respect to industrial development, the private initiative is mainly confined to micro, small and medium enterprises. Vast investment opportunities exist in large, medium and small enterprises in the region. There are good prospects for innovation practice in terms of product innovation, process innovation, marketing innovation, technology innovation and organizational innovation in the medium enterprises sector in the region.

3.3 Population of the Study

The population of this study comprised 243 MEs in North Central Nigeria (NBS/SMEDAN, 2017). The study focused on only owners/managers of MEs in the study area. The decision to focus on only the owner/managers of these MEs was informed by the fact that they are presumed to be more knowledgeable and are also in a better position to provide relevant information on how innovation practice affects the growth of their enterprises in terms of sales growth, employment growth, market share growth, and firm size growth. The population of the study is shown on Table 1. From Table 1, it can be seen that 28 of these MEs are in Benue State, 16 of them are in Kogi State, 18 of them are in Kwara State, another 18 of these MEs are in Nasarawa State, 47 of them are in Niger State, and 41 of the MEs are in Plateau State, while 75 of these MEs are in Federal Capital Territory (FCT).

Table 1: Population of the Study

State	Number of MEs in North Central Nigeria	Percent		
Benue	28	11.4		
Kogi	16	6.5		
Kwara	18	7.4		
Nasarawa	18	7.4		
Niger	47	20.0		
Plateau	41	16.7		
FCT	75	30.6		
TOTAL	243	100		

Source: NBS/SMEDAN (2017)

3.4 Sample and Sampling Techniques

The nature of the present study called for the adoption of a census approach. As a result of the small size of the population, the census approach was used in selecting the sample size; hence the sample size of the study was the same with the population. Consequently, the researcher adopted a census approach and the entire population of 243 owner/managers of MEs in North Central Nigeria was used as the sample to achieve a desired level of precision. The list of MEs sampled in North Central Nigeria by state can be found in Appendix 5.

The owners/managers of MEs from North Central Nigeria were considered for the study based on the criteria: Owners/Managers who are chief executive officers of MEs, and who operate these MEs based on NBS/SMEDAN (2017) definition of MEs; the Owners/Managers who operate MEs in North Central Nigeria for at least a period of 5 years (i.e. 2016 to 2020 and beyond). The study focused on only owners/ managers of MEs in the study area because as CEOs of their respective enterprises, they are presumed to be more knowledgeable and are also in a better position to provide information on how innovation practices affect the growth of their enterprises in terms of sales growth, employment growth, market share growth, and firm size growth.

4.0 RESULTS AND DISCUSSION

This section presents and discusses the results based on the objectives and hypotheses of the study as formulated in section one. The discussion is organized based on the objectives of the study.

4.1 Questionnaire Response Rate

Two hundred and forty three (243) questionnaires were distributed to MEs owners/managers in North Central Nigeria, 233 were retrieved implying that 10 questionnaires were not retrieved. Because some of the retrieved questionnaires were not properly filled or contained some errors, only 223 were finally used for the data analysis, which indicates a response rate of 91.8 %. This response rate is therefore, adequate thereby implying that the data could be relied upon to draw

reliable inferences about the population. Table 9 indicates the distribution and retrieval of questionnaires from each of the states where the MEs in North Central Nigeria are located. The FCT had the highest number of retrieved questionnaires of 70, following by Niger State, 44; Plateau State, 38; Benue State, 26; Nasarawa State, 16; Kwara State, 15; and Kogi State, 14.

Table 9: Questionnaire Response Rate

State	Sample Size	Distributed	Sample Siz	e Discarded	Sample Size Utilized		
	Frequency	Percentage	Frequency	Percentage	Frequency	Percentage	
Benue	28	11.5	2	0.82	26	10.7	
Kogi	16	6.6	2	0.82	14	5.8	
Kwara	18	7.4	3	1.2	15	6.2	
Nasarawa	18	7.4	2	0.82	16	6.6	
Niger	47	19.3	3	1.2	44	18.1	
Plateau	41	16.9	3	1.2	38	15.6	
FCT	75	30.9	5	2.1	70	28.8	
TOTAL	243	100.0	20	8.2	223	91.8	

Source: Author's Computations, 2022

4.2 Descriptive Analysis

4.2.1 Process innovation

Owners/managers of MEs in North Central Nigeria were asked to respond to a number of statements or items regarding *process innovation* in their enterprises and the responses are summarized and presented in Table 12. To analyze the responses, respondents that strongly agreed and those who agreed were combined in one category of those who *concurred or agreed with* the items. In addition, respondents who strongly disagreed and those who disagreed were combined in one category of those who opposed the items. Another category of respondents were those who neither agree nor disagree- undecided about the items. Thus the three categories of responses were compared. Interpretation was then drawn from the comparison of the three categories accordingly. Comparison of responses to these items shows that the percentage of those who concurred ranged from 17.6 % to 57.2 %, while those who are undecided ranged from 10.3 % to 16.7 % and those who opposed ranged from 0.5 % to 10.4 %.

From those comparisons it is evident that the range of percentages of those who concurred is higher than those that were opposed and those that were undecided. This implies that majority of the respondents agreed or strongly agreed that their organization continuously improves on techniques of transforming inputs to outputs; that the introduction of new methods of production that bring

operational effectiveness is an on-going process in their organization; that process-oriented innovativeness has increased production capacity in their organization; that process oriented-innovativeness has also enhanced products quality in their organization; that their company conducts internal training for its employees upon introduction of new processes; and that employees attend seminars, workshops, conferences with intention to acquire or improve their skills in producing new products. The implication of the findings revealed that owners/ managers of MEs in North Central Nigeria agreed that there is process innovation existing in their enterprises.

Table 12: Respondents' Views on Process Innovation

Item	;	SA	1	A	Ţ	J D		D	S	SD	То	tal
	F	%	F	%	F	%	F	%	F	%	F	%
My organization continuously improves on techniques of transforming inputs to outputs.	52	23.5	108	48.9	37	16.7	23	10.4	1	0.5	221**	100.0
The introduction of new methods of production that bring operational effectiveness is an ongoing process.	39	17.6	127	57.2	31	14.0	18	8.1	7	3.2	222*	100.0
Process-oriented innovativeness has increased production capacity in my organization.	77	34.5	106	47.5	28	12.6	8	3.6	4	1.8	223	100.0
Process oriented-innovativeness has also enhanced products quality in my organization.	55	28.8	115	51.8	37	16.7	13	5.9	2	0.9	222*	100.0
My company conducts internal training for its employees upon introduction of new processes.	81	36.3	93	41.7	23	10.3	17	7.6	9	4.0	223	100.0
Employees attend seminars, workshops, conferences with intention to acquire or improve their skills in producing new products.	65	29.4	112	50.7	26	11.8	12	5.4	6	2.7	221**	100.0

Source: Author's Computations, 2022

Note: SD = strongly disagree; D = disagree; UD = Undecided; A = agree; SA = strongly agree; F = frequency;*1 missing value; **2 missing values.

4.6 Test of Hypothesis

4.6.2 Hypothesis two

Process innovation has no significant effect on growth of medium enterprises in North Central Nigeria

The result of the regression analysis fails to provide enough evidence to accept this hypothesis and was therefore, rejected in favour of the alternate hypothesis that process innovation has a significant positive effect on the growth of medium enterprises in North Central Nigeria. This is based on the following evidence: B = 0.136, t = 2.037, p = 0.043. By holding other variables constant, the following regression equation is presented thus: MEG = 0.299 + 0.136PCI + 0.067.

Table 21: Regression Results and Findings

Нур	Variable	В	SE	<i>t</i> -value	p-value	Decision
	Constant	0.299	0.270	1.107	0.270	
H_{02}	Process Innovation	0.136	0.067	2.037	0.043	Reject
H_{03}	Technological Innovation	0.164	0.076	2.145	0.033	Reject
H_{04}	Organizational Innovation	0.148	0.064	2.304	0.022	Reject
H_{05}	Market Innovation	0.204	0.062	3.296	0.001	Reject

Dependent Variable: Growth of medium enterprises (MEs)

Independent Variables: (Constant), Product Innovation, Process Innovation, Technological Innovation, Organizational Innovation, Market Innovation

Source: Authors computation, 2022

4.7 Discussions of Findings

Process innovation has no significant effect on growth of medium enterprises in North Central Nigeria.

As the results indicate, process innovation was found to be significantly related to growth of medium enterprises. This indicates that hypothesis two is also rejected in favour of the alternate that process innovation has a significant positive effect on the growth of medium enterprises in North Central Nigeria. Process innovation contributes about 13.6 % in the growth of medium enterprises in North Central Nigeria. Scholars such as Njogu (2014), Olughor (2015), Zwingina *et al.* (2017), Ukpabio, *et al.* (2018) and Bamidele *et al.* (2018) were also able to establish a positive effect of process innovation on firm performance in selected manufacturing companies in Nigeria. The positive effect of process innovation on firm performance has also been found to be significant in other countries other than Nigeria. Scholars who have reported such findings include Masood *et al.* (2013), Subhan (2016), Al-Battaineh (2018), Jin and Choi (2019), Nguyen *et al.* (2019), Laban and Deya (2019) and Kijkasiwat and Phuensane (2020).

Conclusion

The implication of this finding shows that MEs in North Central Nigeria that are able to change the way of producing or developing products including new logistics, new raw material, new production lines, new production processes/methods, and new technology will improve positively the growth of their MEs. Such growth could be in the form of revenue, number of staff employed, market share and firm size.

5.3 Recommendations

The following are the recommendations of this study:

- a) Medium enterprises should focus on developing unique products through extensive research and development via teamwork as this has the most potential to improving the MEs growth in Nigeria. They should also be the first to market their unique products into the market and should also ensure that customers perceive their products as the best as all these strategies contribute positively to the growth of MEs in North-Central Nigeria.
- b) For MEs in Nigeria to improve their growth potentials, the owners/managers should focus on developing their market innovation capabilities. They can achieve this by way of new marketing tools and strategies, modifying their marketing strategies, responding to market opportunities and customer suggestions. When MEs implement these market innovation strategies, then this will contribute positively to their growth.
- c) Technological innovation as a tool of innovation practice should be encouraged, developed and implemented by MEs if they are desirous of achieving sustained growth. MEs can achieve this via development of their technological capabilities and the technical knowhow of their employees. MEs can also achieve this through the development and deployment of advanced production and manufacturing technologies and systems that are efficient and effective in offering products and services that outperform their competitors. By so doing, MEs in Nigeria in general and North-Central in particular will be able to achieve sustained growth levels.
- d) As the results indicated, organizational innovation as an aspect of innovation practice was also significantly related to growth of MEs in North-Central Nigeria. It ranks fourth in its

impact on the growth of MEs in Nigeria; hence MEs should not neglect in developing and implementing organizational innovation practice. Ways they can ensure organizational innovation is through constant introduction of new business practices, new ways of managing their external relations and mechanisms, routines, procedures and processes that are daily reviewed, updated and creatively deployed across the organizations. In that way, MEs in Nigeria will be able to achieve sustained growth.

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